

LEVEL 8

	From Ground
1. Right foot stall, left foot stall, knee trap	
2. Right foot stall, Knee Trap, Ankle trap	
3. Left foot stall, chest stall, right foot stall	
4. Ankle trap, Knee trap, lace, head stall	
5. Right lace, lap stall, left lace, lap stall	
6. Foot stall, outside of foot stall	
7. Foot stall, Chicken wing	
8. Foot stall, thigh/chest trap	
9. Foot stall, neck stall	
10. Foot stall, Flamingo	
11. Foot stall, head stall, Kiss stall	
12. Foot stall, head stall, neck stall, push up, back stall	
13. Any 3 in combination	
14. Any 5 in combination	
15. Any 7 in combination	
16. Any 9 in combination	
17. Any 12 in combination	
18. Set a new personal juggling record	