

LEVEL 3

	From the Ground
1. Right lace, head, left lace	
2. Left lace, head, right lace	
3. Right lace, right thigh, right lace	
4. Left lace, left thigh, left lace	
5. Right lace, right outside, right lace	
6. Left lace, left outside, left lace	
7. Right lace, right inside, right lace	
8. Left lace, left inside, Left lace	
9. Right lace, right heel, right lace	
10. Left lace, left heel, left lace	
11. Right lace, right thigh, head, right lace	
12. Left lace, left thigh, head, left lace	
13. Right lace, left thigh, right thigh, left lace	
14. Left lace, right thigh, left thigh, right lace	
15. Right lace, right outside, left outside, left lace	
16. Left lace, left outside, right outside, right lace	
17. Right lace, right inside, left inside, left lace	
18. Left lace, left inside, right inside, right lace	
19. Right lace, right heel, left lace, left heel	
20. Left lace, left heel, right lace, right heel	
21. Right lace, right thigh, chest, left thigh, left lace	
22. Left lace, left thigh, chest, right thigh, right lace	
23. Stall the ball on your right foot for 3 counts (1 Mississippi, 2...etc.)	
24. Stall the ball on your left foot for 3 counts	
25. Make up a 5 surface combination we haven't done.	
26. Set a new juggling record. No hands remember!	