

## LEVEL 2

	Off the Bounce	From the Ground
1. Right Lace, Left Lace		
2. Left Lace, Right Lace		
3. Right lace, right outside		
4. Left lace, Left outside		
5. Right lace, right inside		
6. Left lace, left inside		
7. Right lace, right heel		
8. Left lace, left heel		
9. Right lace, right thigh		
10. Left lace, left thigh		
11. Right lace, chest		
12. Left lace, chest		
13. Right lace, right shoulder		
14. Left lace, left shoulder		
15. Right lace, head		
16. Left lace, head		
17. Right lace, left lace, right lace		
18. Left lace, right lace, left lace		
19. Right lace, left thigh, right thigh		
20. Left lace, right thigh, left thigh		
21. Make your own sequence using 3 surfaces in a different combination than we have done.		
22. Beat your previous juggling record. If you still cannot start it from the ground, drop it and start off the bounce		

P.S. I hope you've been practicing your LIFTS (see LIFTS section)!!

**Congrats on finishing level 2!**