

## ***LEVEL 12***

### ***The Bag O' Tricks***

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**A combination is a sequence of individual skills put together to form one long string of skills. It could be as simple as pullback-foot stall-kick up to head. Or as complicated as this:**

<b>1)</b>	<b>Scoop to foot stall</b>
<b>2)</b>	<b>Throw from foot stall to head stall,</b>
<b>3)</b>	<b>From head stall roll down and kiss it and back to head stall,</b>
<b>4)</b>	<b>Head stall to neck stall,</b>
<b>5)</b>	<b>In neck stall go down and do a push up,</b>
<b>6)</b>	<b>In push-up position roll ball to middle of back for back stall</b>
<b>7)</b>	<b>Roll back to neck stall,</b>
<b>8)</b>	<b>Stand up</b>
<b>9)</b>	<b>Throw from neck stall to knees trap</b>
<b>10)</b>	<b>Pass to chicken wing (thigh-calf trap)</b>
<b>11)</b>	<b>Extend the leg back, then use your heel to knock the ball over your head back to the front. (Yes, this can be done)</b>

**Once you can do each trick by itself, start putting them together one by one. Then make up your own! Remember you can only build a wall one trick....err.... brick at a time....**

***HAVE FUN!!***